

Caroline Haslett Primary School

PSHE	Year 3	Dear diary
Knowledge - what I already know	Vocabulary	
<ul style="list-style-type: none"> • I know some people I can go to if I need help. • I know some ways to support others 	<ul style="list-style-type: none"> • Personal safety - personally avoiding harmful situations • Fault - responsibility for an accident or misfortune • Guilty - responsible for wrongdoing • Ashamed - embarrassed or guilty about someone's actions • Regret - sad and disappointed about something that has happened • Remorse - deep regret or guilt for wrong doing • Amends - to compensate or make up for something • Conscience - a moral sense of right and wrong • Loss - the fact or process of losing something or someone • Funeral - a ceremony of saying goodbye to someone who's died • Proud - feeling of pleasure and satisfaction of an achievement • Remember - to be able to bring to mind moments from the past • Teasing - to make fun of or provoke someone • Healing - to make healthy or well again 	
Knowledge - what I will know by the end of this unit		
<ul style="list-style-type: none"> • To know where to go for help • To understand what taking responsibility means • To know how to make wise choices • To appreciate the feeling of loss • To recognise some ways we can deal with worries • To know ways of supporting each other. 		
Activities		
<ul style="list-style-type: none"> • Visit from the police or paramedics service to discuss how they keep society safe and how we can use them. • Discussion point - does guilt have a purpose? Does it alert to something we've done? How can we make amends? • Role play in groups of 3 - one person is thinking about making a choice. Another person is trying to persuade them to make the wrong choice and the other is trying to persuade them to make the right choice. Playing their conscience. What role does our conscience play? • Discussion point - how do we feel when we lose something we love? Why do we feel like this? • Discussion point - What's the difference between physical hurt and emotional hurt? • Write a diary entry about when we've felt hurt in different ways. 		
Skills		
<ul style="list-style-type: none"> • Take part in discussions with one other person and the whole class, and take part in a simple debate about topical issues • Express some of their positive qualities and identify, name and demonstrate that they can manage some feelings • Identify and respect differences and similarities between people • Recognise choices they can make and recognise the difference between right and wrong. • Recognise the effect of their behaviour on other people, and cooperate with others • Children can make choices about how to develop a healthy lifestyle • Children can explain how their actions have consequences for themselves and others • They can describe the nature and consequences of bullying and can express ways of responding to it. 		