Caroline Haslett Primary School – Music		
Rhythm and Pulse	KS1	Active Music Digital

Knowledge	Vocabulary
Pulse in music is the same as the beat. It can be compared to your heartbeat. The pulse may be fast or slow but it remains regular throughout the piece of music. Rhythm is the pattern of long and short sounds. It can be different as the music goes on.  **Rhythm Names:** ▌ = Ta ⊓ = Te-te Z = 'sh' or rest	**Pulse -** The pulse is a steady beat that runs through the music. **Rhythm** – Rhythm is a pattern of sounds of different length. **Long sound** - Long sounds are drawn out over several beats. **Short sound** - short sounds are fast and brief.

Skills

- To move in time with a steady beat/pulse.
- To find the pulse of the music by moving my body.
- To listen to, copy and repeat a simple rhythm through call and response.
- To understand that the pulse or beat of the music is like a heartbeat that doesn't stop.
- To understand and can demonstrate that rhythm is a pattern of long and short.

Suggested Tasks

RHYTHM AND PULSE FOR KEY STAGE 1 - DVD CONTENTS LIST

1) Bee bee bumble bee - chanting
2) Bee bee bumble bee – chanting and tapping the pulse
3) Bee bee bumble bee – chanting and tapping the rhythm
4) Bee bee bumble bee – saying with rhythm names
5) Bee bee bumble bee – saying the rhythm names and clapping the rhythm
6) Bee bee bumble bee – thinking the rhythm names and clapping the rhythm
7) Bee bee bumble bee – half tapping the pulse, half clapping the rhythm
8) Bee bee bumble bee – chanting and tapping the rhythm on instruments
9) Bee bee bumble bee – the rhythm and pulse game
10) Bee bee bumble bee – creating an instrumental composition
11) Bee bee bumble bee – chanting and walking the pulse
12) Bee bee bumble bee - chanting and walking the rhythm
13) Bee bee bumble bee – walking the pulse and clapping the rhythm
14) Jelly on a plate – chanting
15) Jelly on a plate – clapping the rhythm with action for the REST
16) Jelly on a plate – tapping the rhythm and clapping the REST
17) Jelly on a plate – tapping the rhythm and clapping partner's hands on the REST
18) Clapping sequences in time to the pulse
19) The alphabet rondo
20) The alphabet rondo with solos
21) Pease pudding hot
22) Tony Chestnut
23) Diddle diddle dumpling
24) Hi, my name's Jo
25) Grandma, Grandma
26) 1,2,3,4
27) Ding dong
28) Bow wow wow
29) Penguin home for tea
30) The cookie jar
31) A sailor went to sea, sea, sea
32) Early in the morning
33) The Echo man
34) The jingle ring
35) Boom chick- a- boom
36) Who has a brother?
37) The drum game
38) Copy me
39) Everybody do this
40) Johnny works with one hammer
41) Buster Buster
42) Hickety tickety bumble bee
43) We will copy you
44) I wiggle my fingers
45) The goodbye song

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