

**Knowledge - what I already know**

I know some ways to be respectful of others  
 I know some choices that are considered risky  
 I know some ways to stand up against unkindness

**Knowledge - what I will know by the end of this unit**

To understand and respect others opinions  
 To know how to agree and disagree with reasoning  
 To recognise and appreciate risky choices  
 To be able to stand up for oneself and not follow the crowd  
 To understand how to be assertive in the right way  
 To be able to use a range of strategies to prevent bullying

**Useful vocabulary**

**Difference** - not the same  
**Discussion** - talking about something in order to reach a decision  
**Debate** - a formal discussion with opposing opinions  
**Solution** - a means of solving a problem  
**Dispute** - a disagreement or argument  
**Choice** - an act of choosing between one or more possibilities  
**Risk** - a situation involving exposure to danger  
**Judgement** - the ability to make a sensible conclusion  
**Worthwhile** - worth the time, money or effort  
**Peer pressure** - influence, intimidation or persuasion from a group  
**Assertive** - having or showing a confident and forceful personality  
**Passive** - accepting or allowing what happens or what other do  
**Aggressive** - ready to confront; behaving in a forceful way  
**Angry** - feeling or showing strong annoyance, displeasure or hostility  
**Body language** - the way we use our body to communicate feelings  
**Bullying** - Being unkind or hurtful to someone more than once  
**Strategies** - a plan of action designed to achieve an overall aim

**Activities**

- Find a problem to solve e.g. there's not enough space on the playground. In groups decide ways to solve the problem. Share ideas and compile a list of suggestions. Discuss how there can be a difference of opinion or debate.
- In pairs one person has to always agree and the other must always disagree. Read different statements each child needs to explain why they agree or disagree with each statement
- What are risks we take? Order them. What are risks that we take on the internet? Why are they a risk?
- How can peer pressure be positive and negative? Why is it important to stand out?
- Can we understand a person based on only their words or body language? Role play different emotions without using words.
- Role play bullying scenarios. How would you solve them? Create an anti-bullying poster.

**Skills**

- Take part in discussions with one other person and the whole class, and take part in a simple debate about topical issues
- Identify and respect differences and similarities between people
- Recognise choices they can make and recognise the difference between right and wrong.
- Recognise the effect of their behaviour on other people, and cooperate with others
- Recognises that we need to be respectful to all varying opinions
- Understands that we should give reasoning to our opinions
- Recognised risky situations online
- Can give strategies to stand up for oneself
- Can explain why it is important to be different and not follow the crowd
- Considers a range of strategies to prevent bullying