

**Knowledge - what I already know**

I know that the body changes as it grows  
 I know that a parent needs to care and look after their children



**Knowledge - what I will know by the end of this unit**

To consider puberty and reproduction  
 To consider physical & emotional behaviour in relationships  
 To explore the process of conception and pregnancy  
 To explore positive and negative ways of communicating in a relationship  
 To appreciate what being a parent involves  
 To appreciate a range of responses to change  
 To be able to mark transition, moving on and saying goodbye

**Activities**

- What are some changes that happen during puberty? Use puberty body part cards to decide what body parts change on a boy or girl or both. Follow reproduction question sheet.
- Discuss the importance of relationships. Discuss different kinds of touching in friendships and relationships. How are they different?
- As a class: make a timeline of the different stages of a relationship that lead up to having a baby. What do they need to decide before having a baby? Use how does a baby start cards. Is intercourse the only way to have a baby?
- At what point in a relationship do we share information about each other? Use communication scenario cards.
- Discuss how a person's life might change after having a baby. How should you care for a baby?
- Discuss what has been learnt about change. How do we feel about change? Comfortable & uncomfortable feelings?
- Discuss the gifts we will take away to our new classes/ schools.

**Useful vocabulary**

**Womb** - the organ in which a baby grows during pregnancy  
**Sperm** - male reproduction cells  
**Egg** - female reproduction cells  
**Conception** - the action of conceiving a child  
**Fertilisation** - the fusion of male and female reproductive cells to create a zygote  
**Pregnancy** - a period of time where the mother carries and grows a baby in her womb  
**Intercourse** - sex; an action to reproduce  
**Fostering** - bring up a child that is not your own  
**Adoption** - the action of legally taking another's child and bringing them up  
**Relationship** - a connection between two or more people  
**Friendship** - a state of being friends; a relationship between friends  
**Love** - an intense feeling of deep affection  
**Consent** - permission for something to happen  
**Intimacy** - close familiarity  
**Communication** - imparting information by speaking, writing or using another medium  
**Parent** - a person's father or mother  
**Care** - the tend to someone's health, welfare, maintenance and protection  
**Need** - something that is needed to survive  
**Secure** - to remain safe and unthreatened  
**Insecure** - do not feel safe and do feel threatened  
**Develop** - to change  
**Transition** - a process of change  
**Closure** - a process of closing something or ending something

**Skills**

- Take part in discussions with one other person and the whole class, and take part in a simple debate about topical issues
- Identify and respect differences and similarities between people
- Recognise choices they can make and recognise the difference between right and wrong.
- Recognise the effect of their behaviour on other people, and cooperate with others
- Understands the changes in puberty
- Understands the importance of relationships and the physical and emotional behaviours within them
- Understand the process of conception and pregnancy
- Recognises the positive and negative ways of communicating in a relationship
- Understands what being a parent involves
- Understands that we have comfortable and uncomfortable feelings about change
- Recognises the changes they've made over their time in primary schooling the importance of moving on and saying goodbye

