


<p>Knowledge</p> <ul style="list-style-type: none"> ● Begin to understand the importance of warming up ● Know which movements convey feelings and emotions ● Know how to link actions smoothly ● Begin to understand what makes a good dance phrase 	<p>Vocabulary</p> <p>Dance phrase A short section of movement</p> <p>Rhythm Movement patterns in time</p> <p>Dynamics How movement is performed (varying speed, space, weight etc.)</p>
<p>Activities</p> <ul style="list-style-type: none"> ● Begin to choose and link basic actions appropriately to create an expressive dance phrase that shows some creativity ● Incorporate different qualities and dynamics into their movements ● Work co-operatively with a partner and in a small group ● Watch, describe and discuss their peers' work. 	<p>Stimulus A starting point that gives you ideas for creating movement (e.g. photo/ music track/ topic)</p> <p>Improvise Create movement / dance material on the spot, without prior planning.</p> <p>Expression The way we show our emotion or thought to our audience, through our movements and body language.</p>
<p>Skills</p> <ul style="list-style-type: none"> ● Improvise freely with a partner translating ideas from stimuli to movement. ● Show an imaginative response to different stimuli through their use of language and choice of movement ● Link dance movements to the rhythm and mood of the music. 	<p>Linking dance movements to the mood of the music</p> 

Dance progression and assessment

Foundation	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Copy basic body actions and rhythms	Follow the leaders style copying	Link several movements together with control and coordination	Improvise with a partner translating ideas	Respond and perform with a partner, demonstrating actions that link with fluency and accuracy	Respond to a variety of stimuli showing a range of actions performed with control and fluency	Perform a variety of dance styles with accuracy and consistency
Choose and use different travelling actions, shapes and balances	Respond to a stimulus with a range of motions	Talk about different stimuli as that starting point for creating a dance	Show an imaginative response to different stimuli	Respond to a stimulus through appropriate language, creating their own ideas and movement phrases	Think about character and narrative ideas created by the stimulus and respond through movement	Explore, improvise and choose appropriate actions to create new motifs in a selected dance style
Travel using different pathways and space	Copy and explore basic body actions demonstrated by a teacher	Explore actions in response to a stimulus	Incorporate different actions and dynamics into their movements	Use a range of actions and begin to combine movement phases to make patterns	Experiment with a wide range of actions, varying and combining patterns, speed, and continuity whilst working in a small group	Respond to a range of stimuli, improvising freely using controlled movement
Begin to use expression with guidance	Copy simple movement patterns from peers	Explore ideas, moods and feelings by experimenting with actions, directions and levels	Explore and develop actions whilst working in pairs or small groups	Begin to design their own movement phrases that respond to a stimuli or emotion	Create and perform a dance using a range of patterns in response to a range of stimuli	Incorporate a wider range of compositional ideas and develop and adapt motifs to make dance phrases and use these in longer dances
	Explore movements and start to link phrases to make simple dances with a beginning and end	Compose and perform a dance that expresses emotion, mood, ideas and feelings	Apply basic compositional ideas to create a dance which conveys feeling and emotions	Use a range of movement and dance phrases within different styles when working with a partner or small group	Use different compositional ideas to create motifs (unison, canon, actions and reaction)	Select and use a range of compositional ideas to create motifs that demonstrate their own dance ideas
	Practise and repeat movement phrases and perform them controlled	practise , remember and repeat a dance showing greater control, coordination and spatial awareness	Perform a short dance with expression, showing awareness of others when moving	Remember, perform and evaluate a short dance, showing an understanding of emotion and awareness of others	Remember, practise and combine longers more complex dance phrases	
			Describe what is needed to make a dance phase			