

**Caroline Haslett Primary School - PE**

Topic: Games

Year 5

Football

**Knowledge**

- Understand how to use space to avoid opponents
- Understand how varying speed and height can avoid opponents
- Understand strengths and weaknesses in others

**Vocabulary**

**Strike**

An accurate, driven shot kicked using the laces of the boot.

**Push Pass**

A pass made using the inside of the foot

**Chip Pass**

A pass lofted into the air from a player to a teammate

**Volley Pass**

A pass made before the ball touches the ground.

**Activities**

- Pass precisely to a partner whilst moving and through gates
- Create and play competitive games keeping to the agreed rules

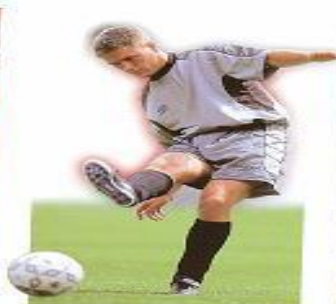
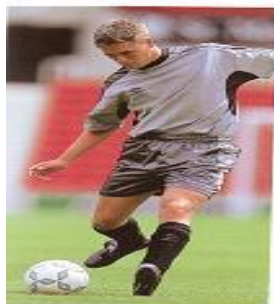
**Skills**

- Travel with a ball showing changes in speed and direction
- Pass accurately using a range of techniques and appropriate strength
- Strike a ball at a known target with intent
- Use techniques for attacking and defending
- Use either foot

**Defending techniques**



Striking with intent



Games - striking and fielding, net and wall and invasion progression

Year 5

Travel with the ball showing changes of direction and speed with both hands and feet.

Recap and refine dribbling and passing to create attacking opportunities

Use a range of techniques when sending and receiving

Use techniques to make things difficult for opponents by directing the ball into space at different speeds and heights

Explore different passes that can be used to outwit defenders.