


<p>Knowledge</p> <ul style="list-style-type: none"> • Begin to understand the basic rules of netball • Begin to understand where, when and how to pass the ball • Begin to understand where to be to receive the ball and give reasons for their choices 	<p>Vocabulary</p> <p>Opponent - A player on the other team</p> <p>Possession - In control of the ball; holding or passing to a team member, but not running with it.</p> <p>Static - Not moving</p> <p>Technique -Correct movements for that action</p>
<p>Activities</p> <ul style="list-style-type: none"> • Play and create passing games in pairs, whilst static and on the move • Play and create small-sided games that keep possession and make progress towards a goal. 	<p>Chest Pass - Ball close to chest. Palms and thumbs make a "W" behind the ball. Elbows tucked in. Push the ball forwards and step into the pass to add extra power.</p> <p>Bounce Pass -Hand position as chest pass. Elbows in Aim to bounce halfway between yourself and the target, reaching it at waist height.</p>
<p>Skills</p> <ul style="list-style-type: none"> • Catch the ball consistently with 2 hands while static and on the move • Begin to perform passes with some elements of correct technique • Pass the netball in a small game situation • Demonstrate throwing skills that make the game hard for their opponents <div style="text-align: right;"> <p>Chest Pass</p>  <p><small>twinkl.com</small></p> </div>	

Games - striking and fielding, net and wall and invasion progression

Year 3

Introduce passing, receiving and creating space.

Develop and combine passing and moving.

Combine and develop passing and shooting.