

Caroline Haslett Primary School - PE

Topic: Games

Year 5

Netball

Knowledge	Vocabulary
<ul style="list-style-type: none"> • Understand how to use space and gaps to receive a ball • Understand how varying speed and passes can outwit opponents • Begin to understand footwork rule • Understand strengths and weaknesses in others 	<p>Dodging - The art of moving from side to side to confuse the opponent before sprinting off to catch the ball.</p> <p>Shielding- Holding up arms to prevent opponent from scoring</p> <p>Overhead pass - Ball held with both hands a few centimetres above head; thumbs under the ball; fingers spread out; elbows tucked in. Release ball high above head. Lean into pass with body weight towards target</p> <p>Toss-up - Ball thrown by umpire between 2 opposing players standing 1 metre apart to decide which team regains possession of ball.</p>
Activities	
<ul style="list-style-type: none"> • Play games with less attackers to encourage looking for gaps • Create and play competitive games, keeping to the agreed rules 	
Skills	
<ul style="list-style-type: none"> • Jump to receive the ball with reasonable timing • Use a range of techniques when passing, eg high, low, bounced, fast, slow • Time passing of ball to co-ordinate with team mate catching it whilst moving • Pivot using the correct footwork • Sometimes shoot on target - lowered net 	<div data-bbox="970 1332 1257 1702" data-label="Image"> <p>The illustration shows a female player in a light blue shirt and dark blue shorts. She is standing with her feet shoulder-width apart, leaning forward slightly. Her arms are extended upwards, with her hands positioned just above her head, holding a white netball. A large, light green circle is drawn around her head and arms, highlighting the overhead pass technique.</p> </div> <p align="center">Overhead Pass</p>

Games - striking and fielding, net and wall and invasion progression

Year 5

Refine passing and receiving.

Apply passing, footwork and shooting into mini games, introduce officiating.

Introduce defending.

Explore the function of other passing styles.